All people everywhere have the same human rights which no one can take away. This is the basis of freedom, justice and peace in the world.

This Declaration affirms the dignity and worth of all people, and the equal rights of women and men. The rights described here are the common standard for all people everywhere. Every person and nation is asked to support the understanding and respect for these rights, and to take steps to make sure that they are recognized and observed everywhere, for all people.

**ARTICLE 1:** Everyone is born free and equal in dignity and with rights.

**ARTICLE 2:** You should never be discriminated against for any reason.

**ARTICLE 3:** Everyone has the rights to life, liberty and security.

**ARTICLE 4:** No-one shall be held in slavery or servitude.

**ARTICLE 5:** No-one shall be subjected to torture or to cruel or degrading treatment.

**ARTICLE 6:** You have the right to be treated as a person in the eyes of the law.

**ARTICLE 7:** You have the right to equality before the law.

**ARTICLE 8:** You have the right to remedy by competent tribunal.

**ARTICLE 9:** No-one shall be subject to arbitrary arrest, detention or exile.

**ARTICLE 10:** You have the right to a fair public hearing.

**ARTICLE 11:** You have the right to be considered innocent until proven guilty.

**ARTICLE 12:** No-one has the right to interfere with your privacy, family, or home.

**ARTICLE 13:** You have the right to freedom of movement in and out of the country.

**ARTICLE 14:** You have the right to seek asylum in other countries from persecution.

**ARTICLE 15:** You have the right to a nationality.

**ARTICLE 16:** You have the right to marriage and to raise a family.

**ARTICLE 17:** You have the right to own property.

**ARTICLE 18:** You have the right to freedom of belief and religion.

**ARTICLE 19:** You have the right to freedom of opinion and expression.

**ARTICLE 20:** You have the right to freedom of peaceful assembly and association.

**ARTICLE 21:** You have the right to take part in the government of your country.

**ARTICLE 22:** You have the right to social security.

**ARTICLE 23:** You have the right to desirable work and to join trade unions.

**ARTICLE 24:** You have the right to rest and leisure.

**ARTICLE 25:** You have the right to an adequate standard of living.

**ARTICLE 26:** You have the right to education.

**ARTICLE 27:** You have the right to Participate in the Cultural Life of Community.

**ARTICLE 28:** You have the Right to a Social Order that Articulates this Document.

**ARTICLE 29:** We all have a responsibility to the people around us and should protect their rights and freedoms.

**ARTICLE 30:** You have the right to freedom from State or personal interference in these rights.

**HUMAN RIGHTS EDUCATION** is a lifelong process of teaching and learning that helps individuals develop the knowledge, skills, and values to fully exercise and protect the human rights of themselves and others; to fulfill their responsibilities in the context of internationally agreed upon human rights principles; and to achieve justice and peace in the world. HRE USA strives to promote human dignity, justice, and peace by cultivating an expansive, vibrant base of support for Human Rights Education (HRE) in the United States.